



# *Tenerife* **Tennis Academy**

## **Access Players Training Blocks**

In partnership with





## About us:

TTA is an International Tennis Academy based in Tenerife, Spain. We offer a unique training environment for aspiring tennis players; providing a pathway through juniors to professional and college tennis.



*Train  
in the Sun*

**365**  
*days per year*

## Our Philosophy:

### Vision

Know and plan your pathway, begin with the end in mind

### Passion

To succeed you have to believe in your goal with such passion that it becomes reality

### Dedication

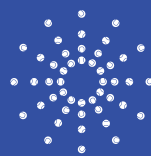
Persistence and perseverance are the final key to achieve any goal





# What is an Access Program

This is a unique program; offered to players who want to come and experience our Academy first hand, but can not commit to enrol on a full time basis. We allow players to access the Academy for as little as one week at a time.



## Why Choose Tenerife Tennis Academy

We regard every player who walks onto our court as one of our own. Access players are an important part of our Academy and we make sure visiting players are well looked after.

We are proud that almost all of our access players return regularly and some have even converted into full time Academy players. This tells us they feel valued and enjoy their experience with us enough to want to come back again and again.



## What We Offer

- Full integration with Full Time Academy Players
- Training Monday to Saturday
- Double Training sessions (Morning & Afternoon)
- Goal setting and review
- Feedback player Report
- Daily Injury Prevention sessions
- Specialised Strength and Conditioning Program
- Bring us your goal sheets from your coach at home and we will work towards the same goals

### Customise your training schedule to suit your needs:

Train in the morning and afternoon with the Academy and add individual training as suits

- Additional Individual Tennis session
- Additional Individual Sports Psychology
- Additional Individual S&C Training



# Accommodation

For our visitors and access players (over 16) or travelling with family, we have a connection with Chayofa Country Club, which is adjoined to the Academy. These apartments have half board and self catering options, and are available as Studio, 1 or 2 bedrooms, sleeping up to 6 people. They also provide 4 bed villa's for those travelling in larger groups.



## Included:

### Full Time Tennis and Fitness Includes:

29 Hours Training (Tennis and Fitness)  
2 training session per day

### With Studies Program Includes:

Tennis & Fitness as above  
20 Hours Supported Studies  
or Language Program  
Lunch  
All packages include Beach Fitness  
on Saturday Mornings.

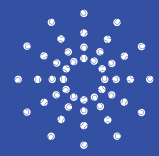
## Only 15 Mins From TFS Airport



## Example Timetable

Time	Activity
08:00 - 08:15	Group Warm Up (With S&C Coach)
08:15 - 10:00	Tennis (Training Session)
10:00 - 11:00	Fitness (Strength & Conditioning)
11:00 - 11:20	Recovery Snack
11:20 - 13:20	School or Languages
13:20 - 14:00	Lunch - On Site
14:00 - 16:00	School or Languages
16:00 - 17:30	Tennis & Power up Snack
17:30 - 18:30	Fitness & Injury Prevention
18:30	Home Time (Recover)





# Prices



Another great benefit of Tenerife is we do not have 20% IVA here (Mainland Spain version of VAT) We have IGIC which is set at 7%

## Full Academy Integration

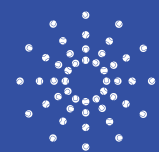
	Price (per week)	IGIC (7%)	Total
Weekly Tennis and Fitness	€ 350	€ 24.50	<b>€ 374.50</b>
Weekly Tennis, Fitness and Studies	€ 550	€ 38.50	<b>€ 588.50</b>
Monthly Tennis and Fitness	€ 300	€ 21.00	<b>€ 321.00</b>
Monthly Tennis, Fitness and Studies	€ 450	€ 31.50	<b>€ 481.50</b>

## Part Time Integration

	Price (per week)	IGIC (7%)	Total
Morning Tennis & Fitness Only (8:00-11:00)	€ 225	€ 15.75	<b>€ 240.75</b>
Afternoons Only (Time to Suit age and Level)	€ 150	€ 10.50	<b>€ 160.50</b>

## Customised Bolt Ons

	Price (per Hour)	IGIC (7%)	Total
Individual Tennis Lessons (Head Coach)	€ 50	€ 3.50	<b>€ 53.50</b>
Individual Tennis Lessons (Academy Coach)	€ 35	€ 2.45	<b>€ 37.45</b>
Individual Fitness Session	€ 35	€ 2.45	<b>€ 37.45</b>
Individual Sports Psychology	€ 40	€ 2.80	<b>€ 42.80</b>
Individual Language Lesson	€ 30	€ 2.10	<b>€ 32.10</b>



# Sign Up

Thank you for taking the time to read about our Academy. We believe we have created an ideal environment to learn and grow. If you want to come and visit us, we would like to offer you a free week\* in our Academy. This will give you a chance to see for yourself, and us a chance to see you in action. Remember, an idea is nothing without action.

\*Free week is based on signing up to the year, if not will be charged at the weekly rate



Calle el Morro N.2  
Chayofa, Arona  
Tenerife 38652

922 729691  
680 222891

info@tenerifeta.com  
www.tenerifeta.com

